



Proudly Sponsored By:



# YMCA SUMMER CAMP

## 2024 Summer Camp Guide

Financial assistance available

# SUMMER AT A GLANCE

Care provided 7:30 a.m.–6:00 p.m. Camp programming runs 9:00 a.m.–4:30 p.m.

Half-day and Hellgate camp times vary. See weekly camp pages for details including ages/grades.

Missoula YMCA Summer Camp offers a variety of camp options for all ages and interests. Campers will enjoy field trips to local parks, lake days, and activities. **Learn more or sign your camper up at [ymcamissoula.org](http://ymcamissoula.org).**

## **Week 1 (June 10–14): Y Spy**

Active 6, Basketball, Engineering & Inventions, Jr. Survival, KinderCamps, MVP Strength & Conditioning, Rookie Basketball, ZooTown

## **Week 2 (June 17–21): Mis-ZOO-La Mayhem**

Babysitting 101, Jr. Art, KinderCamps, MVP Basketball, Rookie Sports, Soccer, Survival, Volleyball, ZooTown

## **Week 3 (June 24–28): Bippity Boppity BOOM!**

Fly Fishing, Jr. Climbing, KinderCamps, Mad Scientists, Multi-Sport, Rookie Fun & Fit, Teen Tabletop Games, ZooTown

## **Week 4 (July 1–3\*): Cruisin' USA**

Baseball/Softball, Culinary, KinderCamps, Pickleball, Rookie Soccer, Teen Big Sky Adventures, Trail Running, ZooTown

\*No camp Thursday–Friday (July 4–5)

## **Week 5 (July 8–12): The Chronicles of Montana**

Kindercamps, KinderSTEM, Lacrosse, MVP Football, Outdoor Recreation, Teen Climbing, Theater, ZooTown

## **Week 6 (July 15–19): Retro Rockstars**

Babysitting 101, Big Sky Adventures, Camp Ponderosa, Dance, Flag Football, Fly Fishing, Jr. Music, KinderCamps, Rookie Dance

## **Week 7 (July 22–26): Dinos'mores**

Art, Camp Ponderosa, Jr. Big Sky Adventures, KinderCamps, MVP Basketball, Rookie Gymnastics, Soccer,

## **Week 8 (July 29–August 2): Chillin' Villains**

Basketball, Beginning Taekwondo, Camp Ponderosa, Jr. Big Sky Adventures, KinderArt, KinderCamps, MVP Soccer, Space Explorers, Track & Field

## **Week 9 (August 5–9): Gotta Collect 'Em All!**

Babysitting 101, Baseball/Softball, Big Sky Adventures, Camp Ponderosa, Jr. Crafts & Creations, KinderCamps, MVP Baseball/Softball, Rookie Sports, Super Skippers

## **Week 10 (August 12–16): Greek Greatness**

Beginning Taekwondo, Camp Ponderosa, Jr. Big Sky Adventures, KinderCamps, Multi-Sport, Teen Culinary, Theater

## **Week 11 (August 19–23): Digital Destiny**

Active 6, Camp Ponderosa, Climbing, Jr. Culinary, KinderKubs, Topnotch Trick Shots

### **Summer Learning Camps**

The YMCA is proud to offer two summer learning camps—Camp Imagination and Camp Horizon. **Both summer learning camps are offered in month-long sessions and accept Best Beginnings.** Turn to page 6 for learning camp details and hours.

# CAMP DETAILS

Care provided 7:30 a.m.–6:00 p.m. Camp programming runs 9:00 a.m.–4:30 p.m.

Half-day and Hellgate camp times vary. See weekly camp pages for details.

## Hours of Care

Supervised care runs from 7:30 a.m.–6:00 p.m. five days a week with intentional camp programming running from 9:00 a.m.–4:30 p.m. Half-day camps have varied start and end times. See individual camps for specifics.

## Sunrise & Sunset Care | Check In & Check Out

Full-day camps offer before and after care to all campers. Sunrise Before Care is offered 7:30–9:00 a.m. and Sunset After Care is offered 4:30–6:00 p.m. (5:30 p.m. for camps at Hellgate Elementary). Photo ID is required for every pick up, every time. Sunrise Care and Sunset Care are included in full-day camp fees. Camp locations will be emailed the week prior.

## Afternoon Camp Add-On

Available only to morning half-day YMCA campers who want to stay the full day. Campers will enjoy lunch and an afternoon full summer camp activities. See page 7 for more details.

## What to Bring

In a labeled backpack or bag:

- Reusable water bottle
- Sunscreen
- Swimsuit/Towel
- Hand sanitizer
- Extra clothes as weather necessitates
- Sack lunch (optional)

## What to Wear

Water activities happen daily.

Consider sending your camper in their swimsuit.

- Close-toed tennis shoes (NO flip flops)
- Comfortable active wear
- Layers

## Leave At Home

- Cell phones/Tablets/ Electronics
- Money/Valuables
- Knives/Weapons—real or pretend
- Toys/Games/Trading cards
- Candy/Junk food/Soft drinks

Please label each item with camper's full name. Contact staff ASAP about lost items. The YMCA, its programs, and its staff are not responsible for lost or stolen items. Please check with afternoon staff to see the YMCA's Lost & Found.

## Meals & Snacks

A healthy breakfast, lunch, and an afternoon snack are provided daily. Campers are welcome to eat breakfast before arriving at camp and may bring their own healthy lunch if they prefer.

## Financial Assistance

Financial assistance is available for all camps. Applications are available at [ymcamissoula.org/financial-assistance](http://ymcamissoula.org/financial-assistance). Submit applications 7 days prior to camp registration. Best Beginnings scholarships are accepted for Camp Imagination and Camp Horizon. Learn more about Best Beginnings at [childcareresources.org/families/paying-for-child-care/](http://childcareresources.org/families/paying-for-child-care/).

## Camp Leadership



Eli "Ewok" Catton  
Sr. Dir. of Youth Programs  
[ecatton@ymcamissoula.org](mailto:ecatton@ymcamissoula.org)



Katie "Obie" Grutsch  
Dir. of Youth Sports  
[kgrutsch@ymcamissoula.org](mailto:kgrutsch@ymcamissoula.org)



Shayla "Wonder Woman" Kelly  
Associate Dir. of School Age Programs  
[skelly@ymcamissoula.org](mailto:skelly@ymcamissoula.org)

# KINDER & ROOKIE CAMPS

## Camps for Littles

### KinderCamps (Full Day)

A big step into the wide world of summer camps! Join us for outdoor activities, field trips, story time, crafts, group games, and more. Small group sizes make this the perfect introduction to YMCA summer camps. Grades K-1

**\$246 • \$226 w/ YMCA Membership**

KinderHawks (Hellgate) runs 7:30 a.m.–5:30 p.m.; **not** offered Wk 11

KinderKubs at YMCA runs 7:30 a.m.–6:00 p.m.; offered Wk 11

### NEW! KinderArt (AM Half Day\* | Week 8)

An elementary exploration of art mediums and introduction to new projects. This half-day camp is the perfect place for budding artists to find their new favorite techniques! Grades K-1

**\$128 • \$118 w/ YMCA Membership**

Half-day camp runs 9:30 a.m.–11:30 a.m.

### NEW! KinderSTEM (AM Half Day\* | Week 5)

An awesome half-day camp for young engineers! Build, test, & troubleshoot structures & circuits as we tinker with technology. Grades K-1

**\$128 • \$118 w/ YMCA Membership**

Half-day camp runs 9:30 a.m.–11:30 a.m.

### NEW! Rookie Basketball (AM Half Day\* | Week 1)

An introduction to the sport of basketball in a fun, positive environment. Campers will learn fundamental skills such as dribbling, passing, shooting and basic game concepts. Ages 4-6

**\$98 • \$88 w/ YMCA Membership**

Half-day camp runs 9:30 a.m.–11:30 a.m.

### Rookie Dance (AM Half Day\* | Week 6)

Spend a week trying various styles of dance including, ballet, modern, and jazz. The group will learn a routine together to perform at the end of the week for families! Ages 4-6

**\$126 • \$116 w/ YMCA Membership**

Half-day camp runs 9:30 a.m.–12:00 p.m.

### Rookie Fun & Fit (AM\* or PM Half Day | Week 3)

Develop strength, coordination, and confidence through group games, sports, and activities. Campers will make their own healthy snacks and learn new ways to have a healthy mind, body, and spirit. Ages 4-6

**\$98 • \$88 w/ YMCA Membership**

Half-day camp runs 9:30–11:30 a.m. or 1:30–3:30 p.m.

### Rookie Gymnastics (AM\* or PM Half Day | Week 7)

Develop creative movement using mats, balance beams, and spring boards. Campers will learn tumbling, handstands, and cartwheels. The group will learn a routine together to perform for families at the end of the week! Ages 4-6

**\$98 • \$88 w/ YMCA Membership**

Half-day camp runs 9:30–11:30 a.m. or 1:30–3:30 p.m.

### NEW! Rookie Soccer (AM Half Day\* | Week 4)

An introduction to the sport of soccer. Campers will learn fundamental soccer skills while playing games and having fun. Ages 4-6

**\$59 • \$53 w/ YMCA Membership**

Half-day camp runs 9:30–11:30 a.m.

### Rookie Sports (AM\* or PM Half Day | Weeks 2 & 9)

This camp is designed to introduce young campers to a variety of sports and games, including basketball, t-ball, soccer, and football! Campers will learn sport fundamentals, group games, and team play. Ages 4-6

**\$98 • \$88 w/ YMCA Membership**

Half-day camp runs 9:30–11:30 a.m. or 1:30–3:30 p.m.

### \*Afternoon Camp Add-On

For our half-day Kinder & Rookie Camp participants who want to stay the full day, we will join KinderKubs for lunch and an afternoon of summer activities. Grades K-1

**\$148 • \$138 w/ YMCA Membership**



# TEEN PROGRAMS

## Camps for Middle & High Schoolers

### Active 6 (AM\* or PM Half Day | Weeks 1 & 11)

Engage with other middle-schoolers through games and sports, gain independence, and learn ways to stay active and healthy. Grades 6-7

**\$25 w/ FREE Active 6 Membership\*\***

Camp runs 1:00-4:00 p.m. (Wk 1) and 9:00 a.m.-12:00 p.m. (Wk 11)

\*\*Visit [ymcamissoula.org](http://ymcamissoula.org) to learn more about FREE Active 6

### Babysitting 101 (AM Half Day\* | Weeks 2, 6, & 9)

Develop the skills to be an engaging and safety-conscious babysitter. Study alongside peers and engage YMCA childcare staff in conversation about working with children. Receive CPR training and bring home your very own babysitting tool kit! Grades 6+

**\$166 • \$156 w/ YMCA Membership**

Half-day camp runs 9:00 a.m.-12:00 p.m.

### Teen Big Sky Adventures (Week 4)

Raft, swim, hike, and climb in our Teen Big Sky Adventures day camp! It's a partial week of adventures to some of Missoula's favorite outdoor spots. Grades 7+

**\$248 • \$236 w/ YMCA Membership**

### Teen Climbing (Week 5)

Reach new heights as you learn climbing safety, knot tying, belaying, and all the skills needed to safely scale Missoula's local rock faces. Climb indoors at the YMCA and outdoors at local favorite climbing spots. Grades 7+

**\$296 • \$276 w/ YMCA Membership**

### Teen Culinary (Week 10)

Get creative in the kitchen! Join us for a week of cooking tasty food in the Missoula Food Bank community kitchen. Create your own cookbook, visit local gardens, and learn about nutrition. Grades 7+

**\$276 • \$256 w/ YMCA Membership**

### Teen Tabletop Games (AM Half Day\* | Week 3)

In an era of digital gaming, nothing beats sitting down at a table with friends for a game. Join us for week of RPGs, board games, dice games, card games, and more! Make new friends or learn new games. We'll have something for everyone. Grades 7+

**\$166 • \$156 w/ YMCA Membership**

Half-day camp runs 9:00 a.m.-12:00 p.m.

\*Afternoon camp add-on available. See page 7 for details.



### Junior Counselors Program (Weeks 1-11)

Spend your summer with the Missoula Family YMCA! Junior Counselors will spend part of the week engaged with peers and camp coordinators developing leadership skills through team building activities. They'll also gain valuable hands-on experience by working alongside camp counselors in other Y-camps. Application required. Scan the QR code above to apply today! Grades 7+

**\$166 • \$156 w/ YMCA Membership**



# SUMMER LEARNING CAMPS


June • July • August

## Camp Horizon

Located at Hellgate Elementary School Building #2  
at 2385 Flynn Ln. Offered 7:30 a.m.–5:30 p.m.

## Camp Imagination

Located at Russell Elementary School at  
3216 S. Russell St. Offered 7:30 a.m.–6:00 p.m.

A photograph showing several children and an adult in a garden. In the foreground, a young girl with dark hair in a braid, wearing a white tank top with colorful patterns and a pink skirt, is bending over and picking strawberries from a lush green patch. In the background, other children and an adult wearing a wide-brimmed hat are also engaged in the activity. The scene is bright and sunny, suggesting a summer day.

The Missoula Family YMCA offers two summer learning camps for children entering grades 1–5. **Summer learning camps are offered in month-long sessions.** Both camps reduce summer learning loss through a seamless integration of educational and summer activities. Swim in lakes, program robots, discover new books, and unlock mysteries of the natural world, all while playing camp games, singing camp songs, and building new friendships. Best Beginnings is accepted. Y financial assistance is available for both camps. Includes breakfast, lunch, and snack.

## Registration for Licensed Summer Camp

Applications available online at [ymcamissoula.org](http://ymcamissoula.org) or at the YMCA at 3000 S. Russell St. Open to children entering grades 1–5. There is a one-time supply fee of \$55 (\$75 for families enrolling 2+ children) that must be paid at time of registration. Contact us at [schoolage@ymcamissoula.org](mailto:schoolage@ymcamissoula.org) or 532-6272 to register. Space is limited.

### JUNE

starts June 10

\$810

### JULY

July 1–31

\$1,134

### AUGUST

ends August 16

\$648

## Licensed Camps & State Scholarships

YMCA Summer Learning Camps are licensed through the State of Montana and accept the Best Beginnings Scholarship. Families are responsible for a copayment, as well as any fees not covered by the Best Beginnings Scholarship. Applications and information about Child Care Resources can be found online at [childcareresources.org/families/paying-for-child-care/](http://childcareresources.org/families/paying-for-child-care/).

# WEEK 1: JUNE 10–14

## Y Spy

### Basketball (AM Half Day or Full Day)

Learn basketball fundamentals such as dribbling, passing, shooting, and defense. This week is filled with drills, contests, shooting games, and scrimmaging! Bring gym shoes and a water bottle. Grades 1–6

Full-day: \$236 • \$216 w/ YMCA Membership

Half-day: \$116 • \$106 w/ YMCA Membership

Half-day camp runs 9:00 a.m.–12:00 p.m.

### Engineering & Inventions

Unlock the fun of summer camp with this STEM camp! Brainstorm ideas, evaluate prototypes, and create solutions to real-life challenges. Grades 4–7

\$276 • \$256 w/ YMCA Membership

### Junior Survival

Develop your wilderness skills such as shelter building, fire starting, knots, and navigation! Put your new skills to the test at the end of the week in a survival challenge!

Grades 2–3

\$296 • \$276 w/ YMCA Membership

### KinderCamps (YMCA & Hellgate)

Outdoor activities, field trips, story time, crafts, group games, and more. See page 4 for details. Grades K–1

\$246 • \$226 w/ YMCA Membership

### NEW! Rookie Basketball (AM Half Day\*)

An introduction to the sport of basketball in a fun, positive environment. Campers will learn fundamental skills such as dribbling, passing, shooting and basic game concepts.

Ages 4–6

\$98 • \$88 w/ YMCA Membership

Half-day camp runs 9:30–11:30 a.m.

### ZooTown

Gizmos, gadgets, decoders, and disguises will introduce us to the YMCA during this week of intrigue. Lake outings, group games, and crafts give the camp a familiar feel, while weekly camp themes spice up the summer. Grades 1–7

\$236 • \$216 w/ YMCA Membership

\*Afternoon camp add-on available. See below for details.

### Active 6 (PM Half Day)

Engage with other middle-schoolers through games and sports, gain independence, and learn ways to stay active and healthy.

Half-day (1:00–4:00 p.m.) Grades 6–7

\$25 w/ FREE Active 6 Membership\*\*

Half-day camp runs 1:00–4:00 p.m.

\*\*Visit [ymcamissoula.org](http://ymcamissoula.org) to learn more about FREE Active 6

### NEW! MVP Strength & Conditioning (AM Half Day\*)

Take your game to the next level! This camp will teach form and technique, using body weight and light weights that will prepare campers for high school athletics. We will also mix in fun group games and team building activities throughout the camp! Space is limited. Grades 4–7

\$116 • \$106 w/ YMCA Membership

Half-day camp runs 9:00 a.m.–12:00 p.m.



### \*Afternoon Camp Add-On

For our half-day morning camp participants who want to stay the full day, we will enjoy lunch and an afternoon full of summer camp activities. This option gives campers the experience of a full day's routine.

\$120 • \$110 w/ YMCA Membership (Grades 1–7. Campers will join Sports Camp)

\$148 • \$138 w/ YMCA Membership (Grades K–1. Campers will join KinderKubs)

# WEEK 2: JUNE 17–21

## Mis-ZOO-La Mayhem

### Babysitting 101 (AM Half Day\*)

Develop the skills to be an engaging and safety-conscious babysitter. Study alongside peers and engage YMCA childcare staff in conversation about working with children. Receive CPR training and bring home your very own babysitting tool kit! Grades 6+

**\$166 • \$156 w/ YMCA Membership**

Half-day camp runs 9:00–12:00 p.m.

### Survival

Develop your wilderness skills such as shelter building, fire starting, knots, and navigation! Put your new skills to the test at the end of the week in a survival challenge! Grades 4–7

**\$296 • \$276 w/ YMCA Membership**



### Junior Art

Explore using a variety of art mediums and practice new techniques, all while learning the elements of design. We'll connect with the art museum and other artistic attractions around Missoula. Grades 2–3

**\$276 • \$256 w/ YMCA Membership**

### KinderCamps (YMCA & Hellgate)

Outdoor activities, field trips, story time, crafts, group games, and more. See page 4 for details. Grades K–1

**\$246 • \$226 w/ YMCA Membership**

### MVP Basketball (PM Half Day)

Advanced drills will focus on improving dribbling, passing, shooting, defense, and game strategy skills. Group games contests, and scrimmaging. For campers familiar with basketball fundamentals. Space is limited. Grades 4–7

**\$116 • \$106 w/ YMCA Membership**

Half-day camp runs 1:00–4:00 p.m.

### Rookie Sports (AM\* or PM Half Day)

This camp is designed to introduce young campers to a variety of sports and games, including basketball, t-ball, soccer, and football! Campers will learn sport fundamentals, group games, and team play. Ages 4–6

**\$98 • \$88 w/ YMCA Membership**

Half-day camp runs 9:30–11:30 a.m. or 1:30–3:30 p.m.

### Soccer (AM Half Day or Full Day)

Develop dribbling, passing, and shooting skills. Get ready for PK shootouts, world cup, and scrimmages. Please bring shin guards and tennis shoes or cleats. Grades 1–6

**Full-day: \$236 • \$216 w/ YMCA Membership**

**Half-day: \$116 • \$106 w/ YMCA Membership**

Half-day camp runs 9:00 a.m.–12:00 p.m.

### Volleyball (Half Day AM\*)

Bump, set, and spike in Volleyball Camp! Campers will learn the fundamentals of passing, setting, hitting, serving, and defense. Learn basic rotations and strategies while working your way up to the end of the week championship scrimmage. Grades 3–6

**\$126 • \$116 w/ YMCA Membership**

Half-day camp runs 9:00 a.m.–12:00 p.m.

### ZooTown

Lions, tigers, and grizzlies, OH MY! Let the wild rumpus begin. Lake outings, group games, and crafts give the camp a familiar feel, while weekly camp themes spice up the summer. Grades 1–7

**\$236 • \$216 w/ YMCA Membership**

\*Afternoon camp add-on available. See page 7 for details.

# WEEK 3: JUNE 24–28

## Bippity Boppity BOOM!

### Fly Fishing (AM Half Day\*)

Learn about basic equipment, casting, fish/bug types, and fly/knot tying. Catch fish at local streams and ponds! Fly rods provided. Grades 3–5

**\$126 • \$116 w/ YMCA Membership**

Half-day camp runs 9:00 a.m.–1:00 p.m.

### Junior Climbing

Reach new heights as you learn climbing safety, knot tying, belaying, and all the skills needed to safely scale Missoula's local rock faces. Climb indoors at the YMCA and outdoors at local favorite climbing spots. Grades 2–3

**\$296 • \$276 w/ YMCA Membership**

### Mad Scientists

Is it magic or science? Mix chemicals, calculate equations, and uncover the answer to this question and more. Explore the fascinating disciplines of chemistry, engineering, physics, and biology! Put on your lab coat and fasten your safety goggles to get ready for a week of mad science! Grades 4–7

**\$276 • \$256 w/ YMCA Membership**

### Multi-Sport (AM Half Day or Full Day)

Learn the basics of basketball, soccer, baseball, football, and a variety of other sports. Enjoy a week-long Olympic-style competition of relays, group games, and team contests. Grades 1–6

**Full-day: \$236 • \$216 w/ YMCA Membership**

**Half-day: \$116 • \$106 w/ YMCA Membership**

Half-day camp runs 9:00 a.m.–12:00 p.m.

### Teen Tabletop Games (AM Half Day\*)

In an era of digital gaming, nothing beats sitting down at a table with friends for a game. Join us for week of RPGs, board games, dice games, card games, and more! Make new friends or learn new games. Grades 7+

**\$166 • \$156 w/ YMCA Membership**

Half-day camp runs 9:00 a.m.–12:00 p.m.

### ZooTown

Lake outings, group games, crafting, and more! Put them together and what have you got? A Bippity Boppity Boom'n summer full of magic and surprises! Grades 1–7

**\$236 • \$216 w/ YMCA Membership**

\*Afternoon camp add-on available. See page 7 for details.



### KinderCamps (YMCA & Hellgate)

Outdoor activities, field trips, story time, crafts, group games, and more. See page 4 for details. Grades K–1

**\$246 • \$226 w/ YMCA Membership**

### Rookie Fun & Fit (AM\* or PM Half Day)

Develop strength, coordination, and confidence through group games, sports, and activities. Campers will make their own healthy snacks and learn new ways to have a healthy mind, body, and spirit. Ages 4–6

**\$98 • \$88 w/ YMCA Membership**

Half-day camp runs 9:30–11:30 a.m. or 1:30–3:30 p.m.

# WEEK 4: JULY 1–3\*

## Cruisin' USA

\*No camp on Thursday and Friday (July 4–5)

### Baseball/Softball (AM Half Day or Full Day)

Develop your throwing, fielding, hitting, and base running skills. Join us for fun competitions, scrimmaging, and the Home Run derby! Please bring a mitt to camp (we have some to lend if needed). Bats will be provided – please leave yours at home. Grades 1–6

Full-day: \$142 • \$130 w/ YMCA Membership

Half-day: \$70 • \$64 w/ YMCA Membership

Half-day camp runs 9:00 a.m.–12:00 p.m.

### Culinary

Take a taste bud trip around the USA and experience the variety of cuisines and cultures! Join us for three days cooking tasty food in the Missoula Food Bank community kitchen. Create your own cookbook, visit local gardens, and learn about nutrition. Grades 4–6

\$166 • \$154 w/ YMCA Membership

### KinderCamps (YMCA & Hellgate)

Outdoor activities, field trips, story time, crafts, group games, and more. See page 4 for details. Grades K–1

\$148 • \$136 w/ YMCA Membership

### Pickleball (AM Half Day\*)

Join us for an introduction to the fastest growing sport in America! Campers will learn basic strokes and paddle skills, footwork, rules, and scoring. Space is limited.

Grades 3–6

\$70 • \$64 w/ YMCA Membership

Half-day camp runs 9:00 a.m.–12:00 p.m.

### NEW! Rookie Soccer (Half Day AM\*)

An introduction to the sport of soccer. Campers will learn fundamental soccer skills while playing games and having fun. Ages 4–6

\$59 • \$53 w/ YMCA Membership

Half-day camp runs 9:30–11:30 a.m.

### ZooTown

Get in the fast lane, we're on our way to summer camp! Join us as we go coast to coast, exploring the best of Missoula and the USA! Lake outings, group games, and crafts give the camp a familiar feel, while weekly camp themes spice up the summer. Grades 1–7

\$142 • \$130 w/ YMCA Membership

\*Afternoon camp add-on available. See page 7 for details.

### Teen Big Sky Adventures

Raft, swim, hike, and climb in our Teen Big Sky Adventures day camp! It's a partial week of adventures to some of Missoula's favorite outdoor spots. Grades 7+

\$248 • \$236 w/ YMCA Membership

### Trail Running (AM Half Day\*)

Spend the week running and exploring Missoula's trails! Learn the basics of training and nutrition, and play fun group games. Campers will complete in their own fun run event at the end of the week! Grades 3–6

\$70 • \$64 w/ YMCA Membership

Half-day camp runs 9:00 a.m.–12:00 p.m.



# WEEK 5: JULY 8–12

## The Chronicles of Montana

### NEW! KinderSTEM (AM Half Day\*)

An awesome half-day camp for young engineers! Build, test, and troubleshoot structures and circuits as we tinker with technology. Grades K-1

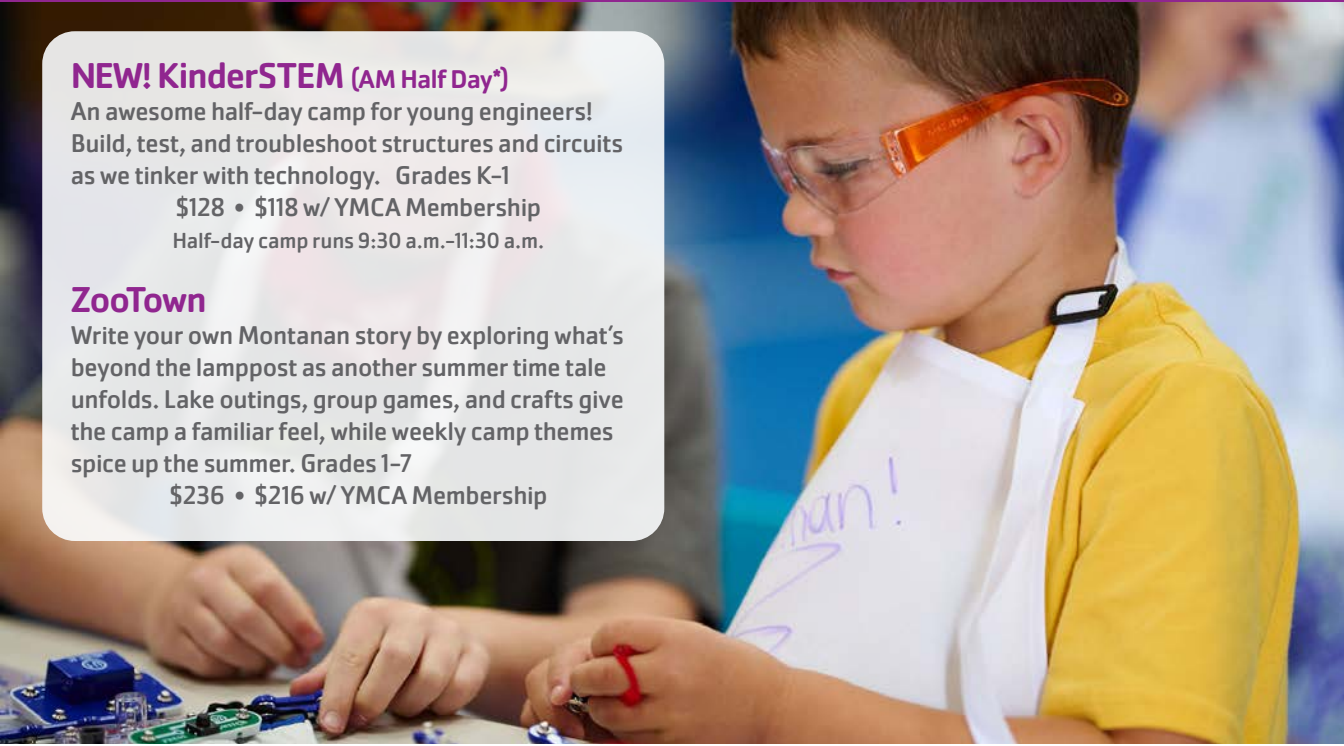
\$128 • \$118 w/ YMCA Membership

Half-day camp runs 9:30 a.m.–11:30 a.m.

### ZooTown

Write your own Montanan story by exploring what's beyond the lamppost as another summer tale unfolds. Lake outings, group games, and crafts give the camp a familiar feel, while weekly camp themes spice up the summer. Grades 1-7

\$236 • \$216 w/ YMCA Membership



### KinderCamps (YMCA & Hellgate)

Outdoor activities, field trips, story time, crafts, group games, and more. See page 4 for details. Grades K-1

\$246 • \$226 w/ YMCA Membership

### Lacrosse (AM Half Day\*)

Learn the skills, techniques, and rules of the growing sport Lacrosse! Practice cradling, scooping, throwing, and catching while preparing for the championship scrimmage at the end of the week. Equipment provided. Grades 2-6

\$126 • \$116 w/ YMCA Membership

Half-day camp runs 9:00 a.m.–12:00 p.m.

### MVP Football (AM Half Day\*)

Advanced drills will focus on improving passing, receiving, rushing, and defensive skills. Learn positions, formations, and game strategies. Group games, contests, and scrimmaging. For campers familiar with football fundamentals. Space is limited. Grades 4-7

\$116 • \$106 w/ YMCA Membership

Half-day camp runs 9:00 a.m.–12:00 p.m.

### Outdoor Recreation

Experience recreation and develop lifelong hobbies in one of the best cities to explore the great outdoors! Activities will include hiking, disc golfing, climbing, archery, lawn games, and a variety of outdoor sports. Grades 1-6

\$236 • \$216 w/ YMCA Membership

### Teen Climbing

Reach new heights as you learn climbing safety, knot tying, belaying, and all the skills needed to safely scale Missoula's local rock faces. Climb indoors at the YMCA and outdoors at local favorite climbing spots. Grades 7+

\$296 • \$276 w/ YMCA Membership

### Theater

Break a leg! Campers will engage in all aspects of the theater, including casting roles, building props/sets, and rehearsing and performing their play for families at the end of the week. Grades 4-7

\$276 • \$256 w/ YMCA Membership

\*Afternoon camp add-on available. See page 7 for details.

# WEEK 6: JULY 15–19

## Retro Rockstars



### Flag Football (AM Half Day or Full Day)

Learn football skills through fun drills, competitions, obstacle courses, and scrimmaging. Campers will learn specifics about positions, formations, and types of plays. Football camp begins with Signing Day and ends with the Super Bowl on Friday! Grades 1–6

Full-day: \$236 • \$216 w/ YMCA Membership

Half-day: \$116 • \$106 w/ YMCA Membership

Half-day camp runs 9:00 a.m.–12:00 p.m.

### Fly Fishing (AM Half Day\*)

Learn about basic equipment, casting, fish and bug types, and fly and knot tying. Catch fish at local streams and ponds! Fly rods provided. Grades 3–5

\$126 • \$116 w/ YMCA Membership

Half-day camp runs 9:00 a.m.–1:00 p.m.

### Babysitting 101 (AM Half Day\*)

Develop the skills to be an engaging and safety-conscious babysitter. Study alongside peers and engage YMCA childcare staff in conversation about working with children. Receive CPR training and bring home your very own babysitting tool kit! Grades 6+

\$166 • \$156 w/ YMCA Membership

Half-day camp runs 9:00–12:00 p.m.

### Big Sky Adventures

Raft, swim, hike, and climb in our Big Sky Adventures day camp! It's a full week of adventures to some of Missoula's favorite outdoor spots. Grades 4–6

\$296 • \$276 w/ YMCA Membership

### Camp Ponderosa

Take a stroll down memory lane to decades past as we rock summer camp and roll out the fun! Travel to CampLand for gaga ball, our low ropes course, archery, and other outdoor activities! Afternoon water activities and weekly trips to local lakes give the camp a familiar feel while activities based on the weekly theme keep each week feeling fresh. Grades 1–7

\$236 • \$216 w/ YMCA Membership

### Dance (PM Half Day) & Rookie Dance (AM Half Day\*)

Spend a week trying various styles of dance including, ballet, modern, and jazz. The group will learn a routine together to perform at the end of the week for families!

\$126 • \$116 w/ YMCA Membership

Age 4–6—Half day\* camp runs 9:30 a.m.–12:00 p.m.

Ages 7–13—Half-day camp runs 1:00–3:30 p.m.

### Junior Music

Don't miss a beat! Grab your drumsticks and jam with us. Build instruments, hear from local musicians, sample a variety of instruments, and more. Each camper gets their very own recorder to keep. Grades 2–3

\$276 • \$256 w/ YMCA Membership

### KinderCamps (YMCA & Hellgate)

Outdoor activities, field trips, story time, crafts, group games, and more. See page 4 for details. Grades K–1

\$246 • \$226 w/ YMCA Membership

\*Afternoon camp add-on available. See page 7 for details.

# WEEK 7: JULY 22–26

## Dinos'mores

### Art

From the Paleolithic to the Modern Age, art has existed through many ages. Explore using a variety of art mediums and practice new techniques, all while learning the elements of design. We'll connect with the art museum and other artistic attractions around Missoula. Grades 4–7  
\$276 • \$256 w/ YMCA Membership

### Junior Big Sky Adventures

Raft, swim, hike, and climb in our Junior Big Sky Adventures day camp! It's a full week of adventures to some of Missoula's favorite outdoor spots. Grades 2–3  
\$296 • \$276 w/ YMCA Membership

### KinderCamps (YMCA & Hellgate)

Outdoor activities, field trips, story time, crafts, group games, and more. See page 4 for details. Grades K–1  
\$246 • \$226 w/ YMCA Membership

### MVP Basketball (AM Half Day\*)

Advanced drills will focus on improving dribbling, passing, shooting, defense, and game strategy skills. Group games, contests, and scrimmaging. For campers familiar with basketball fundamentals. Space is limited. Grades 4–7  
\$116 • \$106 w/ YMCA Membership  
Half-day camp runs 9:00 a.m.–12:00 p.m.

### Rookie Gymnastics (AM\* or PM Half Day)

Develop creative movement using mats, balance beams, and spring boards. The group will learn a routine together to perform for families at the end of the week! Ages 4–6  
\$98 • \$88 w/ YMCA Membership  
Half-day camp runs 9:30–11:30 a.m. or 1:30–3:30 p.m.

### Soccer (AM Half Day or Full Day)

Develop dribbling, passing, and shooting skills. Get ready for PK shootouts, world cup, and scrimmages. Please bring shin guards and tennis shoes or cleats. Grades 1–6  
Full-day: \$236 • \$216 w/ YMCA Membership  
Half-day: \$116 • \$106 w/ YMCA Membership  
Half-day camp runs 9:00 a.m.–12:00 p.m.

\*Afternoon camp add-on available. See page 7 for details.



### Camp Ponderosa

Venture back in time to the age of the dinosaurs on this epic exploration of CampLand. Join us for gaga ball, our low ropes course, archery, and other outdoor activities! Afternoon water activities and weekly trips to local lakes give the camp a familiar feel while activities based on the weekly theme keep each week feeling fresh. Grades 1–7  
\$236 • \$216 w/ YMCA Membership

# WEEK 8: JULY 29–AUGUST 2

## Chillin' Villains



### Junior Big Sky Adventures

Raft, swim, hike, and climb in our Junior Big Sky Adventures day camp! It's a full week of adventures to some of Missoula's favorite outdoor spots. Grades 2–3

**\$296 • \$276 w/ YMCA Membership**

### Camp Ponderosa

You never know what nefarious deeds may be required to beat the heat. Travel to CampLand for gaga ball, our low ropes course, archery, and other outdoor activities! Afternoon water activities and weekly trips to local lakes give the camp a familiar feel while activities based on the weekly theme keep each week feeling fresh. Grades 1–7

**\$236 • \$216 w/ YMCA Membership**

### Basketball (AM Half Day or Full Day)

Learn basketball fundamentals such as dribbling, passing, shooting, and defense. This week is filled with drills, contests, shooting games, and scrimmaging! Bring gym shoes and a water bottle. Grades 1–6

**Full-day: \$236 • \$216 w/ YMCA Membership**

**Half-day: \$116 • \$106 w/ YMCA Membership**

Half-day camp runs 9:00 a.m.–12:00 p.m.

### NEW! Beginning Taekwondo (AM Half Day\*)

Dive into the mental, emotional, and physical benefits of Taekwondo! Learn balance, coordination, strength, basic blocks, strikes, kicks, and self-defense in a supportive and team-oriented environment. Led by Championship Training Taekwondo. Grades 1–5

**\$126 • \$116 w/ YMCA Membership**

Half-day camp runs 9:00 a.m.–12:00 p.m.

### NEW! KinderArt (AM Half Day\*)

An elementary exploration of art mediums and introduction to new projects. This half-day camp is the perfect place for budding artists to find their new favorite techniques! Grades K–1

**\$128 • \$118 w/ YMCA Membership**

Half-day camp runs 9:30 a.m.–11:30 a.m.

### KinderCamps (YMCA & Hellgate)

Outdoor activities, field trips, story time, crafts, group games, and more. See page 4 for details. Grades K–1

**\$246 • \$226 w/ YMCA Membership**

### MVP Soccer (AM Half Day\*)

Advanced drills will focus on improving on dribbling, passing, shooting, defense, and game strategy. Group games, contests, and scrimmaging. For campers familiar with soccer fundamentals. Space is limited. Grades 4–7

**\$116 • \$106 w/ YMCA Membership**

Half-day camp runs 9:00 a.m.–12:00 p.m.

### Space Explorers

Blast into space for a week of STEM camp that includes rocket building, drone flight, a trip to the planetarium, and RC rovers. Finish the week off with a mission simulation using all of our new skills. Grades 4–7

**\$276 • \$256 w/ YMCA Membership**

### Track & Field (AM Half Day\*)

An introduction to a variety of track and field events with fun group games and contests. Practice sprints, middle-distance running, relays, jumping, and throwing. Learn the basics of training and nutrition. Campers will compete in their own field day at the end of the week. Grades 2–6

**\$126 • \$116 w/ YMCA Membership**

Half-day camp runs 9:00 a.m.–12:00 p.m.

# WEEK 9: AUGUST 5–9

## Gotta Collect 'Em All!

### Babysitting 101 (AM Half Day\*)

Develop the skills to be an engaging and safety-conscious babysitter. Study alongside peers and engage YMCA childcare staff in conversation about working with children. Receive CPR training and bring home your very own babysitting tool kit! Grades 6+

**\$166 • \$156 w/ YMCA Membership**

Half-day camp runs 9:00–12:00 p.m.

### Big Sky Adventures

Raft, swim, hike, and climb in our Big Sky Adventures day camp! It's a full week of adventures to some of Missoula's favorite outdoor spots. Grades 4–6

**\$296 • \$276 w/ YMCA Membership**

### Camp Ponderosa

This camp is the very best, like no one ever was! Travel to CampLand for gaga ball, our low ropes course, archery, and other outdoor activities! Afternoon water activities and weekly trips to local lakes give the camp a familiar feel while activities based on the weekly theme keep each week feeling fresh. Grades 1–7

**\$236 • \$216 w/ YMCA Membership**

### Junior Crafts & Creations

Dive into the do-it-yourself crafting. Paper mache, button making, origami, and more. By the end of the week, you'll have the confidence to craft your own creations!

Grades 2–3

**\$276 • \$256 w/ YMCA Membership**

### KinderCamps (YMCA & Hellgate)

Outdoor activities, field trips, story time, crafts, group games, and more. See page 4 for details. Grades K–1

**\$246 • \$226 w/ YMCA Membership**

### Super Skippers (AM Half Day\*)

The Y is partnering with Montana Super Skippers to put on this camp! Children of all skill levels are welcome to join. Jumpers learn skills with single ropes, double dutch, and long rope all while having fun, gaining confidence, and improving their coordination. Grades 1–5

**\$126 • \$116 w/ YMCA Membership**

Half-day camp runs 9:00 a.m.–12:00 p.m.

\*Afternoon camp add-on available. See page 7 for details.

### Baseball/Softball (AM Half Day or Full Day)

Develop throwing, fielding, hitting, and base running skills. Please bring a mitt (we have some to lend if needed). Bats will be provided—please leave yours at home. Grades 1–6

Full-day: **\$236 • \$216 w/ YMCA Membership**

Half-day: **\$116 • \$106 w/ YMCA Membership**

Half-day camp runs 9:00 a.m.–12:00 p.m.

### MVP Baseball/Softball (AM Half Day\*)

Advanced drills will focus on throwing, fielding, hitting, and base running skills. For campers familiar with baseball fundamentals. Space is limited. Grades 4–7

**\$116 • \$106 w/ YMCA Membership**

Half-day camp runs 9:00 a.m.–12:00 p.m.

### Rookie Sports (AM\* or PM Half Day)

This camp is designed to introduce young campers to a variety of sports and games, including basketball, t-ball, soccer, and football! Campers will learn sport fundamentals, group games, and team play. Ages 4–6

**\$98 • \$88 w/ YMCA Membership**

Half-day camp runs 9:30–11:30 a.m. or 1:30–3:30 p.m.



# WEEK 10: AUGUST 12–16

## Greek Greatness

### NEW! Beginning Taekwondo (AM Half Day\*)

Dive into the mental, emotional, and physical benefits of Taekwondo! Learn balance, coordination, strength, basic blocks, strikes, kicks, and self-defense in a supportive and team-oriented environment. Led by Championship Training Taekwondo. Grades 1–5

**\$126 • \$116 w/ YMCA Membership**

Half-day camp runs 9:00 a.m.–12:00 p.m.

### Camp Ponderosa

Get your Greek on and join us for a marathon of camp fun! Travel to CampLand for gaga ball, our low ropes course, archery, and other outdoor activities! Afternoon water activities and weekly trips to local lakes give the camp a familiar feel while activities based on the weekly theme keep each week feeling fresh. Grades 1–7

**\$236 • \$216 w/ YMCA Membership**

### KinderCamps (YMCA & Hellgate)

Outdoor activities, field trips, story time, crafts, group games, and more. See page 4 for details. Grades K–1

**\$246 • \$226 w/ YMCA Membership**

### Teen Culinary

Get creative in the kitchen! Join us for a week of cooking tasty food in the Missoula Food Bank community kitchen. Create your own cookbook, visit local gardens, and learn about nutrition. Grades 7+

**\$276 • \$256 w/ YMCA Membership**

### Theater

Break a leg! Campers will engage in all aspects of the theater, including casting roles, building props and sets, and rehearsing and performing their play for families at the end of the week. Grades 4–7

**\$276 • \$256 w/ YMCA Membership**

\*Afternoon camp add-on available. See page 7 for details.

### Junior Big Sky Adventures

Raft, swim, hike, and climb in our Junior Big Sky Adventures day camp! It's a full week of adventures to some of Missoula's favorite outdoor spots. Grades 2–3

**\$296 • \$276 w/ YMCA Membership**

### Multi-Sport (AM Half Day or Full Day)

Learn the basics of basketball, soccer, baseball, football, and a variety of other sports. Enjoy a week-long Olympic-style competition of relays, group games, and team contests. Grades 1–6

**Full-day: \$236 • \$216 w/ YMCA Membership**

**Half-day: \$116 • \$106 w/ YMCA Membership**

Half-day camp runs 9:00 a.m.–12:00 p.m.



# WEEK 11: AUGUST 19–23

## Digital Destiny

### Junior Culinary

Shield potions lemonade, Mario Mushroom Cupcakes, and more! Join us for a week of cooking tasty food in the Missoula Food Bank community kitchen. Visit local gardens, and learn about nutrition as we create some different treats to restore health and boost imagination! Grades 2–3

\$276 • \$256 w/ YMCA Membership

### KinderKubs (YMCA Only)

Outdoor activities, field trips, story time, crafts, group games, and more. See page 4 for details. Grades K–1

\$246 • \$226 w/ YMCA Membership



### Active 6 (Half Day)

Engage with other middle-schoolers through games and sports, gain independence, and learn ways to stay active and healthy. Half-day (9:00 a.m.–12:00 p.m.) Grades 6–7

\$25 w/ FREE Active 6 Membership\*\*

Half-day camp runs 9:00 a.m.–12:00 p.m.

\*\*Visit [ymcamissoula.org](http://ymcamissoula.org) to learn more about FREE Active 6

### Climbing

Level up and reach new heights as you learn climbing safety, knot tying, belaying, and all the skills needed to safely scale Missoula's local rock faces. Climb indoors at the YMCA and outdoors at local favorite climbing spots. Grades 4–6

\$296 • \$276 w/ YMCA Membership

### Camp Ponderosa

A victory-royale is within reach! We're diving into a different world and must collaborate, create, and imagine the possibilities to win! Travel to CampLand for gaga ball, our low ropes course, archery, and other outdoor activities! Afternoon water activities and weekly trips to local lakes give the camp a familiar feel while activities based on the weekly theme keep each week feeling fresh. Grades 1–7

\$236 • \$216 w/ YMCA Membership

### Topnotch Trick Shots

Join us for a week of individual challenges and friendly competitions. Young athletes will have a chance to show their creative side while coming up with trick shots for a variety of sports. Campers will play group games and compete in daily contests. Grades 2–6

\$236 • \$216 w/ YMCA Membership

There are no afternoon camp add-ons during Week 11.

# YMCA AFTER SCHOOL & SCHOOL'S OUT DAY CAMPS

## After School

Continue the fun with familiar staff and quality after school care! Our program provides healthy snacks, aerobic activity, responsible counselors, and a variety of enriching activities including STEM, arts and crafts, and games in a small group setting. Care is provided onsite at your child's school or at a nearby location. Best Beginnings scholarships accepted.

## School's Out Day Camp

It's a day of camp during the school year! Camp is available on most MCPS and Hellgate Elementary School holidays.



## 2024–25 After School Care

Advanced registration is required for all programs. Open to grades K–5. Financial assistance is available. Contact [schoolage@ymcamissoula.org](mailto:schoolage@ymcamissoula.org) for information or to register your child. YMCA Afterschool is a program licensed through the State of Montana and accepts Best Beginnings scholarships. Applications and information about Child Care Resources can be found online at <https://www.childcareresources.org/families/paying-for-child-care/>

### Participating Elementary Schools

Chief Charlo  
Hellgate  
Jeannette Rankin  
Lewis & Clark  
Paxson  
Russell

### Monthly Pricing

YMCA Afterschool is a monthly program. Registration is ongoing and fees are automatically withdrawn monthly.

5 days/wk \$373  
4 days/wk \$323

3 days/wk \$273  
2 days/wk \$223

## 2024–25 School's Out Day Camp

Care is offered from 7:30 a.m.–6:00 p.m. and includes breakfast, lunch, and an afternoon snack. Grades K–6

### Daily Pricing

\$47 • \$43 w/ YMCA Membership • \$53 Late Registration (fewer than two weeks before program date)

### School's Out Day Camp Dates

Camp is located at Russell Elementary unless noted.

August 26  
August 27  
August 28  
September 23 (Hellgate only)  
October 17\*

October 18\*  
November 14 (half day)  
November 15  
November 27  
December 23–24\*

December 26–27\*  
December 30–31\*  
January 2–3\*  
January 20  
February 10

February 17  
March 13 (half day)  
March 14  
March 17–21\*

# PARENT HANDBOOK

## Registrations, Deposits, and Financial Assistance

Register in person at the YMCA, over the phone, or online at [ymcamissoula.org](http://ymcamissoula.org). A one-time \$15 registration fee is required for each camper. A non-refundable, non-transferable \$25 deposit per camp is due at the time of registration. This deposit is required to hold your child’s place and will be applied to the total balance due. The balance of each camp is due no later than one week prior to the first day of each camp session. Unpaid balances during this week will result in your child’s spot in the camp being forfeited. Turn to page 6 for information on licensed summer camp registration, financial assistance, and fee schedules.

We pride ourselves on working with families and community organizations to offer camp experiences for all children, regardless of ability to pay. Financial assistance is available for YMCA Summer Camp. Applications are available at the YMCA Welcome Center or online at [ymcamissoula.org](http://ymcamissoula.org). Financial assistance applications must be completed and approved prior to registration. Please allow 7 days to process applications.

Scheduled auto-draft payments are required.

Week	1	2	3	4	5	6	7	8	9	10	11
Pmnt. due by 5:00 p.m.	June 3	June 10	June 17	June 24	July 1	July 8	July 15	July 22	July 29	Aug. 5	Aug. 12

## Attendance, Refunds, and Credits

Unless noted, all Missoula YMCA Summer Camps are week-long opportunities. In addition to standard YMCA policies, participants are subject to the following:

- Deposits and one-time registration fees are non-refundable and non-transferable.
- Cancellations and transfers must be made more than one week before camp dates to be eligible for credits minus the deposit.
- No credits or refunds will be given for cancellations or transfers made less than one week prior to camp.
- Credits or refunds will only be issued if a parent/guardian provides written or verbal notice to a Camp Director, even if a child does not attend.
- Changes in schedules or registrations must be approved by the Camp Director.
- If your child is expelled from YMCA Camp as a result of behavioral concerns, a refund (minus deposits) will be issued for all registered camp sessions starting the full week after expulsion.
- For questions about Camp Imagination or Camp Horizon, contact us at [schoolage@ymcamissoula.org](mailto:schoolage@ymcamissoula.org).

## Camper Check Out

Photo ID is required for every checkout every time. Many camp activities take place off site. Any authorized adult wishing to check out a full-day camper before 4:30 p.m. must arrange checkout details in advance with camp staff.

Families will be charged a late fee of \$30/child for any checkouts after 6:00 p.m. (5:30 p.m. for camps at Hellgate Elementary). Camp registration may be suspended if balances are not paid within 5 business days. The camper will remain with two adult counselors at all times. The following steps will be taken should a camper not be picked up:

1. Every effort will be made to reach parent(s)/guardian(s) via provided phone numbers.
2. Alternate emergency contacts will be called if primary contacts can’t be reached.
3. In the event that no one can be reached 30 minutes after programs end, the police will be notified.

# PARENT HANDBOOK



## Food and Purchases

Breakfast and lunch are provided through Missoula County Public Schools' Summer Food Service Program, and a nutritious afternoon snack is provided through our participation in the USDA Child and Adult Care Food Program (CACFP). Additional food items are provided through a partnership with the Missoula Food Bank. Breakfast is offered from 7:30–8:45 a.m. Sack lunches and milk are offered at lunchtime, and an afternoon snack is provided before 4:30 p.m. Food also follows the YMCA's HEPA (Healthy Eating and Physical Activity) Standards and includes at least one serving of fruit or vegetable and one serving of whole grain.

Campers in the YMCA's care are not permitted to purchase items from stores or vending machines. Do not send money with your child. If you would like to purchase a snack for your child, do so before checking your child into camp.

## Inclusion

All Missoula YMCA programs operate in accordance with all state and federal policies. We work to ensure that everyone, regardless of ability, age, cultural background, ethnicity, faith, gender, gender identity, ideology, income, national origin, race, or sexual orientation has the opportunity to reach their full potential with dignity.

YMCA Summer Camps are designed to provide accessibility for children with moderate visual, auditory, orthopedic, mental, and emotional challenges. Call Camp Directors to discuss your child's specific needs prior to registering.

# PARENT HANDBOOK

## Safety and Supervision

All camp staff are certified in CPR and First Aid, and participate in a week-long training of YMCA policies and procedures. Campers are supervised by staff at all times. At no time will one YMCA staff member be alone with one child. At no time will YMCA Junior Counselors supervise campers without a YMCA Camp Counselor present.

When transporting campers, YMCA staff follow a Child Safety System that requires staff to conduct vehicle sweeps to ensure no child is left on board when the destination is reached. Every bus is equipped with booster seats for campers who weigh fewer than 60 lbs and/or are under six years old. Booster seat assignments are based on information provided at registration. Contact a Camp Director if this information has changed.

For campers' safety, no unauthorized person will be permitted to enter YMCA camp areas, interact with campers, or pick up a camper from camp programming. Only persons designated by a parent or legal guardian on the camp registration form will be authorized to interact with campers or have a camper released into their care. A photo ID is required every time when picking up a camper. This policy applies to all campers.

## Behavior Management and Expectations

Camp staff are trained to use behavior management techniques that include positive guidance and redirection. Staff are also trained to set clear limits and expectations. Campers are held accountable for their actions and are expected to adhere to the YMCA's four core values of Honesty, Caring, Respect, and Responsibility.

Camps are designed for group participation and interaction. Attempts to correct negative or disruptive behavior may include action plans, behavior contracts, and parent/guardian meetings. Behavior that disrupts programming, endangers self or others, disrespects property, or requires repeated one-to-one attention from staff may result in the camper being suspended and/or expelled from camp.

## Emergencies, Wildlife, and Inherent Risk

Any camper involved in an emergency situation will immediately be attended to by YMCA staff. First aid and/or CPR will be administered, and an ambulance will be called if necessary. YMCA staff will contact the Camp Director and the child's emergency contact(s) listed on the registration form.

YMCA Summer Camps offer children opportunities to visit and explore natural areas. Should wildlife be encountered or wildlife situations escalate, camp staff will place themselves between all campers and the animal. Campers will then be moved to a safe area, and FWP will be contacted if necessary.

YMCA Summer Camps include activities with inherent risks such as hiking, rafting, cycling, sports, climbing, archery, BB guns, rope courses and more. YMCA staff are trained to provide the safest possible experience for all campers.

## Weather and Air Quality

Weather is monitored and camp schedules are subject to change. If the weather is warm and rain is light, outdoor activities will continue as planned. Pack a raincoat and an extra set of clothes. Activities will be adapted and moved indoors during more inclement weather. In the case of severe weather, all campers will remain at an official Missoula YMCA location or safe area. Do not come to the YMCA to retrieve your camper until severe weather has passed.

During periods of heavy fire and smoke, air quality is monitored via the Missoula City-County Health Department. Camp activities will be adjusted as needed. All campers will be kept indoors at air quality Stage 2 or above.

# PARENT HANDBOOK

## Medication

Parents must notify a Camp Director if their child takes medication during the camp day. Medicine, its schedule, and a completed Authorization to Administer Medication form must be turned into camp staff on the first day of camp. Any medication to be administered at camp must be accompanied by a signed doctor's note or prescription container with specific instructions, dosage amounts, and dosage times. No over-the-counter medications will be given to campers without prior parental approval. All unused medicine not retrieved by the parent or legal guardian will be locked up and discarded one week after the camper's last day of camp. Insurance for health-related matters must be covered by the parent or legal guardian.

## Illness

Keep sick children home and notify YMCA Summer Camp of their absence by calling 721-9622. Children who have had diarrhea or a fever, had a positive COVID test, or who have vomited within the last 24 hours cannot attend camp. Parents/guardians will be notified immediately if a camper becomes ill while at camp. Parents/guardians are expected to arrange immediate pickup of ill campers. Campers who become ill at camp will be cared for away from the group by staff until an authorized adult picks them up. Children with (or showing signs/symptoms of) a communicable illness cannot attend camp until they have been evaluated by a healthcare professional. Camp Directors must receive written approval by a healthcare professional before children return to camp.

As a reminder: Refunds and credits will not be issued for single-day based absence and/or illnesses.

## Insect Repellent and Sunscreen

Bring sunscreen and insect repellent to camp each day. Before going outside, or every two hours outside, camp staff will monitor every camper applying sunscreen. Camp staff will provide sunscreen for any camper who forgets or runs out. Indicate at registration if you would prefer the YMCA not to provide sunscreen/insect repellent to your camper.



# PARENT HANDBOOK



## USDA Food Program and Permits

As a participant in the United States Department of Agriculture (USDA) Food Program, the YMCA makes afternoon snack available to enrolled children following USDA Child and Adult Care Food Program (CACFP) guidelines.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at 800-877-8339. Program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (AD-3027) found Online. You can also file that complaint at any USDA office or write a letter addressed to USDA. If you send a letter, provide all of the information requested in the form. To request a copy of the complaint form, call 866-632-9992. You can submit your completed form of letter to USDA by mail, fax or email.

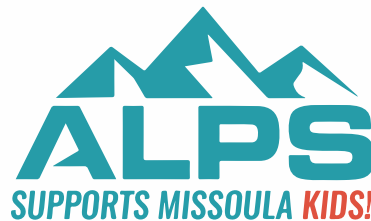
The Missoula Family YMCA is permitted by the Bitterroot and Lolo National Forests.

# CHARGE INTO SUMMER!

Choose from a variety of camps including sports, adventure, art, and more.  
Campers will enjoy field trips to local parks, lake days, and activities.  
Sign your camper up at [ymcamissoula.org](http://ymcamissoula.org).



## YMCA Summer Camp Sponsors



DENNIS & PHYLLIS  
WASHINGTON  
FOUNDATION

